



Do you have a chronic lung problem, or have you recently had a heart attack or heart surgery?

If the answer is yes, cardiac, or pulmonary rehabilitation may help you return to a healthier and more active lifestyle.

Both our Cardiac and Pulmonary Rehabilitation Programs are conveniently located at the North End of Morton County Medical Clinic, in the Physical Therapy Department.

Contact Us

Cardiac and Pulmonary Rehabilitation

Morton County Health System

411 Sunset

Elkhart, KS 67950

620-697-2141 Ext. 270



Cardiac and Pulmonary Rehabilitation



Morton County Health System

CARDIAC REHABILITATION

Healing Hearts Together

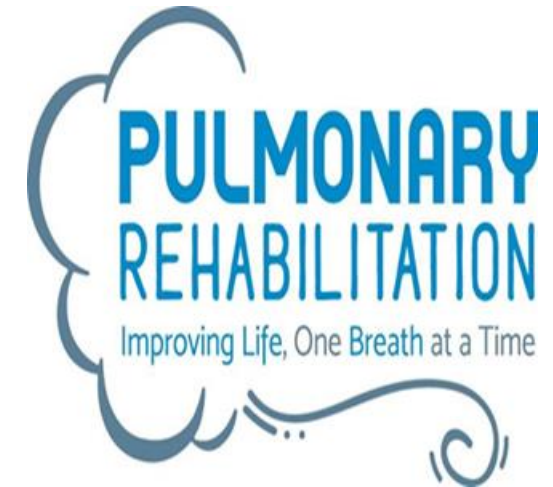
Cardiac rehabilitation may benefit those who have experienced cardiovascular problems such as:

- Acute myocardial infarction
 - Chronic stable angina
 - Coronary artery bypass grafting
 - Percutaneous coronary intervention
 - Cardiac valve surgery
 - Stable, chronic heart failure
 - Cardiac Transplantation
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Both most insurance companies cover cardiac and Pulmonary Rehabilitation when you have a qualifying diagnosis.

Our respiratory therapy staff, under the supervision of our medical director will create an individualized plan including exercise and education to help you develop a healthier and more active lifestyle.

Many patients will attend cardiac or pulmonary rehabilitation sessions 2-3 times per week for up to 36 sessions.



Pulmonary rehabilitation is a program for those who experience lung problems such as:

- Chronic Obstructive Pulmonary Disease (COPD)
- Sarcoidosis
- Pulmonary Hypertension
- Pulmonary Fibrosis
- Interstitial lung disease
- Lung cancer and lung cancer surgery
- Lung volume reduction surgery before and after lung transplantation
- Long Covid